

Advanced registration is required for all workshops.

Reminder: “No Late Arrivals Allowed”

**You must have an EASTBAY Works card to attend workshops.
(Cards are available free of charge at any One-Stop Career Center.)**

Activity	Description
<i>Creating Your EASTBAY WORKS (EBW) Online Profile</i>	All Alameda County One-Stop Centers are using a new computer system and all One-Stop customers are required to create an EBW online profile in order to access One-Stop services. To register, please go to www.eastbayworks.com/alamedacounty/ or come to the One-Stop for additional assistance.
<i>WIA Orientation</i>	Learn about more resources available at no cost to you through the Workforce Investment Act (WIA) program. After completing the “Steps-To-Success” workshops, come to the office to show us the completed form and pick up the WIA application packet.
<i>Exploring Your Career Options with “Choices”</i>	Undecided, have many interests, or changing careers? This workshop will lead you to discovery. Fun and informative.
<i>Choices Interpretations</i> (*Only open to those who previously completed Choices assessment.)	Get the most out of your Choices assessment results. Learn about how your interests, values, and skills relate to the world of work. Get started on labor market research and expand your knowledge of job opportunities.
<i>Dynamic Resume Workshop</i>	Keep those resumes fresh...an outstanding resume is your ticket to an interview. Build your resume while you learn to optimize your skills and market yourself to employers.
<i>Interviewing Workshop</i>	Everyone can benefit from this refresher style workshop on interviewing skills. Brush up on existing knowledge and learn some new techniques as well.
<i>Intensive Job Search Strategies</i>	Got the job seeker blues? Learn about the “hidden job market”, and job search techniques that will increase your chances of finding a job. Guaranteed to get you motivated and active!
<i>Wonderlic Assessment</i> (*By Referral ONLY)	This is mandatory assessment on math and reading skill level for potential WIA clients who do not hold an Associate degree or higher and are requesting training. To sign up for this workshop, <u>you MUST be referred by a WIA case manager.</u>
<i>Drop-in Stress Counseling</i>	Meet with one of the drop in stress counselors and learn to better manage your job search and the stress associated with being out of work.
<i>Stress Management Workshop</i> (Topic: Leaders handle rejection)	Learn how to deal with your stress during this stressful time while navigating your job search.
<i>KeyTrain</i>	Improve your skills in critical skills required by the employers by attending the KeyTrain Orientation. Afterwards, you will have access to KeyTrain, an on-line training program to obtain the level of skills required by the industry. KeyTrain is designed to help the individual pass the national certification WorkKeys.